

BABIES AND OILS

HOW TO USE YOUR OILS FOR BABIES





DILUTION

Please make sure to always dilute your oils properly for children and babies.

BABIES

1 drop essential oil / 4 tsp. carrier oil

CHILDREN

1 drop essential oil / 1 tsp. carrier oil





HAIR

Which oils can I use?

TEA TREE / CEDARWOOD

Where can I apply the oils?

SCALP / HAIR



EARS

Which oils can I use?

LAVENDER / TEA TREE / BASIL

Where can I apply the oils?

BEHIND EARS





CHEST

Which oils can I use?

SPEARMINT / FRANKINCENSE / RESCUER

Where can I apply the oils?

MASSAGE ON CHEST



FEET

Which oils can I use?

BALANCE / LAVENDER / STRONGER

Where can I apply the oils?

BOTTOM OF THE FEET



SKIN

Which oils can I use?

LAVENDER / TEA TREE / FRANKINCENSE

Where can I apply the oils?

MASSAGE ON SKIN





TEETH

Which oils can I use?

ROMAN CHAMOMILE / COPAIBA / LAVENDER

Where can I apply the oils?

ALONG JAWLINE





BACK

Which oils can I use?

RESCUER / COPAIBA / FRANKINCENSE

Where can I apply the oils?

MASSAGING DOWN THE SPINE





ABDOMEN

Which oils can I use?

TAMER / GINGER / WILD ORANGE

Where can I apply the oils?

MASSAGING ON STOMACH AND
LOWER ABDOMEN

